Matthias Sperling on The Movers

"Can movement enable manifesto to become manifestation? Can radical aims be achieved through the incremental accumulation of small acts, singular choices, or subtle shifts in perception? I see *The Movers* as being activated by an attentiveness to the complexity of our embodied experience, on an intimate and individual scale, as a localised but concrete way to disrupt categorical fixity.

The non-linearity of embodied experience is always available to us and it overspills any attempts at linear categorization. It disturbs fixed patterns in our collective encounters, generating slivers of possibility for dissociation from them. Reality always goes beyond

classifications. In my view, the unfolding reality of our bodies in relationship with others in time and space becomes a resource for going beyond classifications through our choice to attend to it."

